

adult tennis programs

The adult tennis program at PSC Highpoint is designed to improve your game while you get a great workout and have a great time. We offer classes for all levels from a beginner to the serious competitor.

Private lessons and Private Group

	Director/ Senior Pro	Staff Professional
Half hour:	Member: \$36 Nonmember: \$42	Member: \$33 Nonmember: \$39
One hour	Member: \$70 Nonmember: \$80	Member: \$62 Nonmember: \$72
3 people (1 hour)	Member: \$25pp Nonmember: \$30pp	Member: \$23pp Nonmember: \$28pp
4 people (1 hour)	Member: \$20pp Nonmember: \$25pp	Member: \$18pp Nonmember: \$23pp

Information & Registration

For more information, contact David Price at 215.822.2303 x3422. To register, please call 215.822.1951.

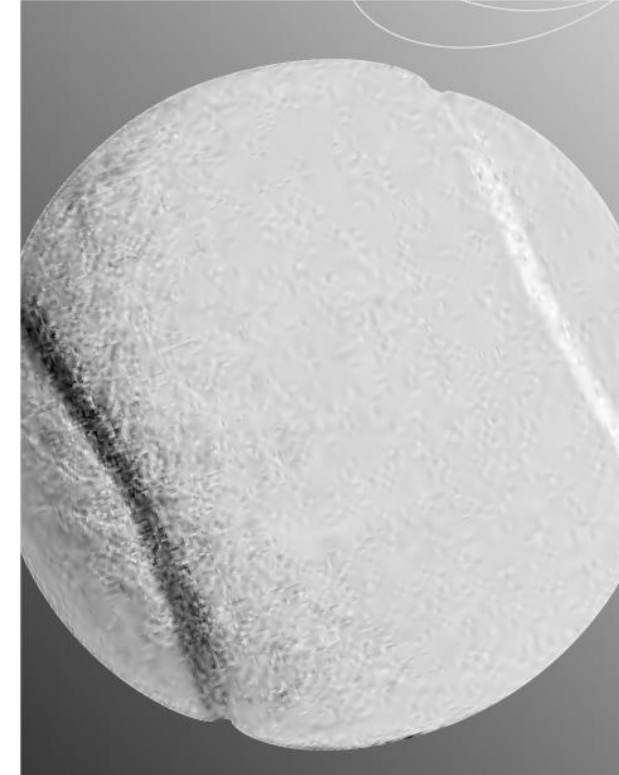
Sign up for weekly clinics by contacting the programs desk at 215.822.1951 at least 24 hours in advance. Minimum of three students to run a class. Make-ups must be made during the current session and are given at the discretion of head professional. In case of rain, classes will meet inside. For information on our summer tennis camp, see brochure or contact tennis staff.



adult tennis programs

Fall 2015

- Group clinics
- Private lessons
- Semi-private lessons



Highpoint • 1 Highpoint Drive • 215.822.2303



programs offered

Group, private and semi-private lessons

philadelphia sports clubs® 

six-week clinic programs

Our clinic program is designed to improve your game through fast paced drills and repetition, while working on correcting technique and footwork. Each class has a progressive curriculum, which will enhance your shot confidence, consistency and enjoyment of the game.

Fall 1: August 31 – October 11

Fall 2: October 12 – November 22

Fall 2: November 23 – December 27

*No classes 11/26 or 12/24-12/25.

Beginner Clinic

This clinic is for beginner tennis players looking to learn the basics, technique, strategy, rules of the game and play.

Monday 9:00am-10:30am
Wednesday 1:00pm-2:30pm
Thursday 9:00pm-10:30pm

Member: \$165
Nonmember: \$192

Skill Builder (2.5-3.0)

For advanced beginners and low intermediates.

Monday 10:30am-12:00pm
Tuesday 8:00pm-9:30pm
Sunday 8:30am-10:00am

Member: \$165
Nonmember: \$192

For more information, contact David Price at 215.822.2303 x3422. To register, please call 215.822.1951

weekly clinics

Cardio Tennis

A fast-paced drill session that focuses on the number of balls hit incorporating tennis specific movement and footwork.

Monday 6:30am–7:30am
Monday 8:30pm–9:30pm
Tuesday 8:30am–9:30am
Wednesday 12:00pm-1:00pm

Member: \$19 per class
Nonmember: \$22 per class

Ladies Drill and Play

For advanced beginners and intermediate level players looking to improve on singles and doubles strategies, court positioning and confidence. Pre-registration is required. The format includes a one-hour drill and one-hour of supervised play.

Tuesday 9:30am–11:30am
Thursday 10:30am–12:30pm

Member: \$27 per class
Nonmember: \$30 per class

Stroke of the Week

Each class will focus on the technical aspects of a specific stroke. Players must register 24 hours in advance.

Wednesday 11:00am–12:00pm

Member: \$19 per class
Nonmember: \$22 per class

(weekly clinics cont.)

Stroke Production (3.5-4.0)

For intermediate and advanced players. Players must register 24 hours in advance.

Wednesday 7:00pm–8:30pm
Friday 9:30am-11:00am

Member: \$27
Nonmember: \$32

4.0 Drill

For those players looking to improve strokes, conditioning and singles/doubles strategies. Players must register 24 hours in advance.

Thursday 6:30pm–8:00pm

Member: \$27 per class
Nonmember: \$32 per class

Please contact the front desk or Tennis Director at minimum of 24 hours in advance at 215.822.1951 to register for any weekly clinic. A minimum of three participants is necessary to run a class.